'Save the Bees' Handmade Paper Book





February is Show the Love month where WI groups get together to highlight climate change. I decided to start a 'temperature quilt' project to show temperature change during a yearlong period. I am using a notebook to record information for the remainder of the year so added pretty handmade mulberry paper to the covers to change from utilitarian to pretty. It will be interesting charting temperature changes.

My 'temperature' project is still undecided! Quilt, quillow, blanket, patchwork, cushion cover, tapestry, embroidery, collage, rainbow bright, neutral tones – the choices are endless. My plan is to use the handmade paper book as a scrapbook to record ideas and progress once the actual making starts. I have made them before as presents personalising to people's interests. A great idea for brag books, visitor books, wedding book planner, wedding guestbook, any use! If used as a photo album, make sure to use acid/lignin free papers to prevent aging/browning.

Materials:

- Grey board (recycled packaging)
- Recycled 130gsm A5 deckle edge flower paper blanks (pack of 50)
- Recycled heavyweight mulberry wrapping paper
- Book binding glue, scissors, craft knife and metal ruler, smoothing tool (bone folder), two hole office punch, hole punch tool
- Strong cord
- Optional embellishments black foliage die cuts, metal bee charms, embroidered flowers

Instructions:

- 1. With a metal ruler and craft knife cut the grey board to the size of page papers being used. Slice off a 2cm strip from the front and back pieces plus an additional 2-3cm strip for the spine (make sure it is wide enough for the stack of pages being used). Once covered there will be a slight increase in size so your papers will sit nicely inside.
- 2. Glue the grey board pieces to the mulberry paper with book binding glue (dries quickly and does not bleed through) or with PVA glue sparingly. Use a ruler as shown below to create

- space for a folding line between pieces. Trim the edges and snip away the excess at the corners to mitre. Glue edges onto the grey board and burnish down with a bone folder.
- 3. Punch holes in your page papers with the office paper punch. Transfer the hole placement to the grey board front and back cover strips. Punch holes through all layers with a punch tool.







- 4. Cut a rectangle of mulberry paper, glue over the three centre strips. Burnish down and score in some fold lines. Cover the inside covers with handmade paper and punch in the holes again.
- 5. Stack your page papers inside and thread your book together. Tie in a bow or simple knot at the front making sure it is tight enough to keep the papers together without becoming 'floppy' but not so tight that you struggle to turn the pages.
- 6. Embellish the front with your theme of choice or leave undecorated. The handmade mulberry paper looks just as lovely left as is. I chose to also decorate the spine so it looks lovely stored on a shelf or book case.

















'Temperature Quilt' Record Book

Visual record of temperatures for a fixed location (or for a location where you are on that day) over the period of a year Colours dictated by the temperature of that particular day

I decided to record the temperature shown on the central heating monitor (without heating being on) and also outside temperature, as well as what the weather was doing to add weather iconography

Choose your own start to finish period, colours used to specify a particular temperature, temperature range - no right or wrong with this

Lots still to decide including what to make once I have gathered enough information

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